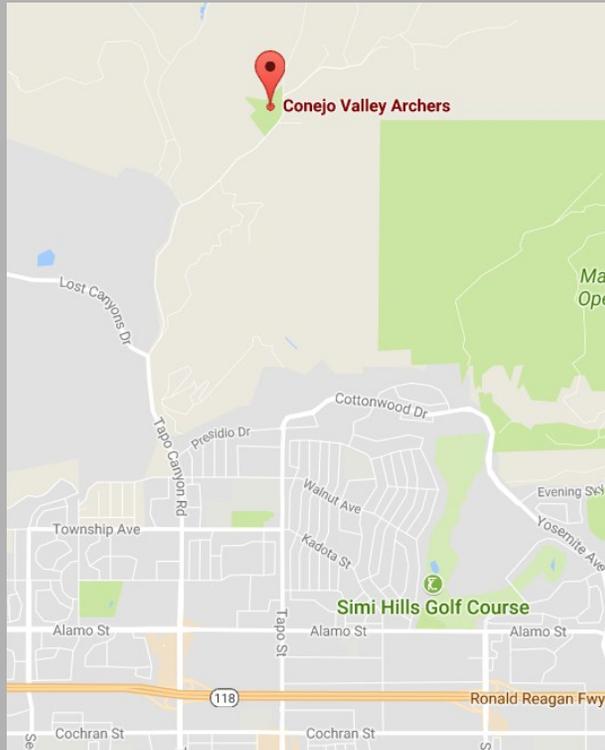


ABOUT THE COACH:

Ken Downey is a USAA certified coach with over 20 years of competition experience.

- * 2012 CA State Champion*
- * 2007 World Ranking Medalist at Battalla de Carabobo, Venezuela*
- * 2006 Triple Crown Winner*
- * 2000 / 2004 US Olympic Trials*
- * 1998 FITA Competitive Regional Champion*



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COACH KEN DOWNEY

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CONEJO VALLEY ARCHERS JOAD TRAINING PROGRAM

Take archery to the next level as you progress in advanced form, mental and competitive ability.

Get your equipment shooting its best as you learn about safety, tuning & maintenance.

JOAD Pin Program and Educational Seminars

*Open to all archers interested in competition,
Compound and Recurve*

SATURDAYS 9AM-NOON

SHOOT TO WIN

*What is JOAD?**

Junior Olympic Archery Development (JOAD) is a program of USA Archery that teaches archery to young people, provides great opportunities for awarding achievement, and helps archers to enjoy the sport recreationally or progress to the excitement of competition!



JOAD offers archers the opportunity to learn range safety and proper shooting technique in an environment that also fosters focus, increased self-confidence, and team-building skills. JOAD is open to any youth archer aged 8 to 20 and is designed to grow with the youth archer. Introductory JOAD classes teach the fundamentals of proper shooting form; as the young archer develops, they will learn more advanced techniques.



*From the TEAMUSA.ORG website

WHAT WILL I LEARN?

Is this a place for me?

Shooters of all ages and skill levels are welcome! The focus of this program is not only to develop those who already compete, but also to generate interest for those who have not yet competed. With weekly classes, hard work and a passion for archery, you can be on a team of competitive JOAD archers.

CVA's JOAD Training Program will teach mental focus and competitive mindset for archers of any level of experience. Learn proper shooting form to build strength and consistency whether you are a beginner, intermediate or advanced shooter. Veteran teammates will share their experiences to build a strong, supportive team.



Elizabeth - 8 years old
Shooting in J.O.A.D.
Pin Program

Equipment Safety, Tuning and Maintenance.

Learning how to properly care for your equipment is just as important as learning how to shoot it. Coach Ken will explain set-up, breakdown, maintenance and repair of your equipment and help you get it fine tuned. Personal equipment for the Saturday sessions is encouraged, but not required. CVA can supply equipment to beginners.

JOINING OUR TEAM

Sign me up!

Archers will meet regularly on Saturday mornings from 9am to noon at the tournament range. Regular attendance is strongly encouraged to develop competitive strategies and maintain training consistency.

All archers should arrive no later than 9:30 AM to set-up their equipment and avoid interrupting other students' training.

Monthly schedules will be sent out via email and participants will be notified in the event of a cancellation.

If you are interested in the program, please contact Ken Downey to learn more!

Team Exclusive Seminars!

- ⇒ String building
- ⇒ Wind shooting
- ⇒ Bare shaft and paper tuning

Also available:

- ⇒ Equipment scholarships
- ⇒ PE credits
- ⇒ Competition Team Jerseys

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