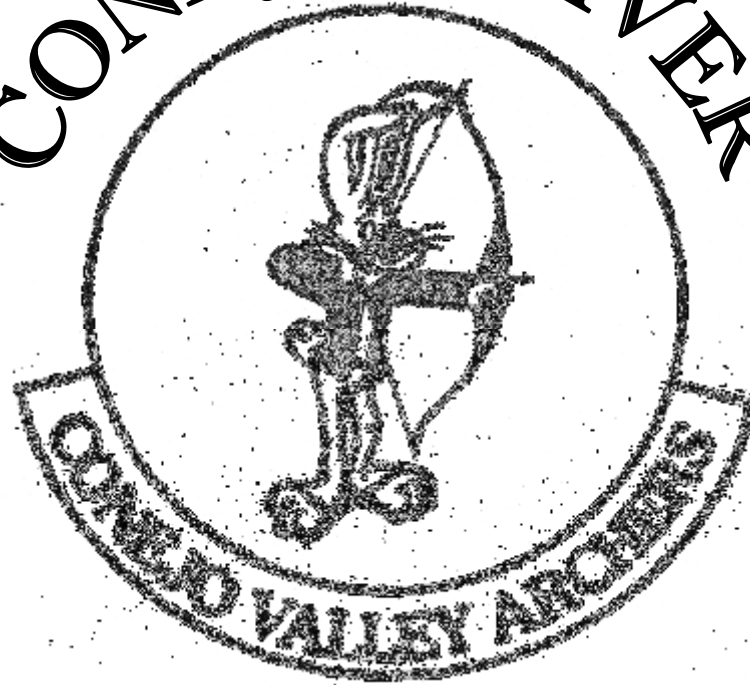


CONEJO QUIVER



info@cvarchers.com
www.cvarchers.com

Monthly Newsletter

February 2012

From the Prez.

To all CVA members,

If you did not make it to the PAC Coast 3D last month you missed out on a great shoot. If you made it please let Stan Grigelis know what a great time you had. I would personally like to thank Stan and all the people who volunteered their time that helped make this shoot a success. Without the support of the member volunteers it would not be possible to make an event like this happen.



Mark your calendars now for the Dry and Dusty shoot coming up March 18th (details are on the CVA web site). If you are interested in helping, contact Richard Carpenter. There are a lot of things that need to be done in order to have a successful shoot, so any help would be appreciated. This should be another wonderful shoot, with lots of opportunities for the kids to bring home awards.

As club members, it is important that we have these shoots as they are major fund raisers for the club. If we did not have shoots, every member's dues would need to be increase to keep the club fiscally stable. So if you want to help keep your membership fees low, please look into helping around the range. For a small organization, like CVA, every individual's contribution can make a difference that everyone can see and you can be proud of. If you don't know how you can contribute please, feel free to contact me and we can discuss how you can make a difference.

Clark Pentico
CVA President

CVA JOAD News



Hi All

Two brave souls showed up to test for their pins to kick off the New Year. Robbie Hewitt breezed through the prerequisites capturing his Yeoman pin with plenty of points to spare. Robbie has shown tenacity and consistency in his shooting. We are expecting some great things to come from this young man. Gracie Lisak equaled her older brother's efforts by getting her Qualified Archer pin. Gracie's first shot was a "dead-on" X, (10) and I do mean dead-on. It was a perfect shot! We all stood around and stared at it for a few minutes savoring all we could of the moment! Keep up the good work Gracie...Andrew, you'd better start practicing!

Nothing in the wind about our next BBQ. Chef Mike is laying low for right now...but if I know him he's just leading up to another great one! I will keep you all in the loop.

Some improvements are being made at our JOAD facility. Trenching above some of the bales and alongside is being cut to allow proper drainage for the yet heavy rains to come. Also, we are trying to level the shooting lines so archers can gain a stable stance.

Also, want to let everyone know that the Indoor Nationals are coming up this month in Tulare. For those of you who will be shooting...good luck! We'll be hoping you guys will take home the gold. Results should follow in the next newsletter. That does about it for now...see you out at the range Saturday.

Coach Mike

CVA Lease update!!!!!!!!!!

From the Vice Prez. Dave Dragan

Hi all,

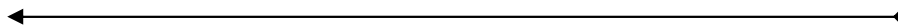
I just wanted to update all CVA members on what is going on with our plans for expansion of our range, specifically the new FITA Tournament Range. The first part of this is we have signed the new Lease with the County for 10 years with 2 5 year extensions, so CVA is not going anywhere!! This is a benefit to all of us and insures that Archery will stay in Simi Valley for a long time! I would like to thank Clark, Richard, John and all the other board members for their help in the process of making this new lease a reality.

As for the plans for the new FITA Range, we have already begun the process of getting a grant from the Easton Foundation to assist in the cost of building the new range. We have met with Don Rabska and his staff a number of times and are currently refining the numbers so we can have a clear idea of how much to ask for in the first phase of the Grant. Thanks also needs to go out to Bob Bombardier for his help in the planning of the range, which is a great asset in this process. If all goes well we hope to break ground in late spring or early summer! This new FITA Tournament Range will be a great addition to our facility and I hope make CVA the premier Archery Complex on the West Coast!

We hope to be able to host at least 1 or 2 regional FITA Tournaments in the California outdoor season, along with moving the JOAD area to the new range to help with our ever growing program and give our many talented young archers an Olympic caliber facility to train in.

I will try to keep all members informed as the progress of this process, and by all means if anyone has any suggestions or questions you can come to the monthly club meetings or contact me directly for more information!

Thanks to all for your help and support, Coach Dave



"Critic's to Love" Take 2

The Pronghorn Antelope is anything but an antelope, back home it is often referred to as a "prairie goat" and that too is inaccurate, it has no genetic connection to any antelope, goat or sheep. Both buck and doe's have horns (composed of layers of long black hairs compressed into a pronged cone that is shed every Oct./Nov.) It is unique and the last of a very old (20 million years) line of American family ruminates originating in Siberia – the sole surviving species of large mammals specifically adapted to living on short grass prairies.

It is these adaptive qualities that the bowhunter must know if he is to have any chance at all of harvesting one for the dinner table. The adaptive quality we are most concerned with is the antelope's eye, for it is this critter's eye that will spoil more approaches than any one hunter can believe. Larger than an elephants and darkly pigmented to function well under bright prairie skies and over the reflection of snow-blanketed winter fields, it has been estimated to be the equivalent of a pair of high quality 8x binoculars that bulge from the head at such an angle as to give it a near 360 degree view of its surroundings. A set of eye's that allow one to run safely through the prairie sagebrush at a high rate of speed, discerning all obstacles in his path. Although we have no scientific way of determining the exact magnification power or acuity of this animal's vision, hunting one will give you demonstrations of both their power, acuity and of the ability of an antelope to comprehend human hunter/predator behavior.

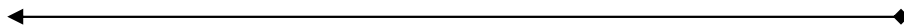
As a kid the old saying was "by the time you have seen an antelope he has already counted the arrows in your quiver." Cute but not quite true, I have learned over the years that counting is not one of their adaptive abilities, however recognizing predators and analyzing human behavior is not so far fetched. A short story of a hunt will demonstrate a "prairie goat's" sight and power of analysis is in order here.

It was mid-day, cool for late August and an hour's walk had taken me to one of my favorite high points for spotting antelope. It was a small bluff that dropped off steeply on the far side to a deep dry creek bed that wandered east across the prairie, deep enough that I could stand and walk without being seeing by the cautious eyes of any antelope for a very long distance.

Crawling the last fifty yards on my knee's and then on my belly with a constant eye out for small batches of prickly-pear cactus, I stopped between two groups of sagebrush cover at the top and raised my prized left over WWII 7x35 binoculars and glassed the surrounding hills for the orange/rust colored coat with white trim that was my quarry.

As I suspected, to the northeast was a nice herd of 14 does and one dominate buck, distance well over a mile, wind out of the west and the dry creek below would take me to within a few hundred or so yards east of the herd, leaving the wind in my favor. Backing off the bluff, I circled around to a bend in the draw that was out of site of the antelope and made my way into the creek bottom while picking up my pace to shorten the time of the stalk.

Some distance further there was a horseshoe bend in the creek bottom with a barbed wire fence line that crossed the creek twice, not wanting to climb the fence twice and risk exposing myself above the edge of the draw, I devised a plan to crawl low along the cow trail that was parallel to the fence, the sagebrush was just high enough for me to crawl unobserved by the antelope who were now not much more than a half-mile away. With the utmost care, I crawled along that fence line, up out of the draw, across the 40 yard flat and was nearly where I could drop back down into the draw when a whitetailed buck leaped from his bed and landed in the creek bottom in full speed racing down the draw. I had instinctively risen to my knees at the sight of that whitetail, a deer that I had never seen in those prairies before. Instantly realizing that I had exposed myself, I prayed that the antelope had only seen the deer and missed my bobbing form.



Three quarters of an hour later with many yards on my hands and knee's, I was within 60 yards of where I had last seen the antelope, hoping there was no way they had seen me at the deer incident, I raised my head slowly above the sagebrush looking for the antelope and a way to close the distance a few more yards. To my amazement, there they were a mere fifty yards or so away -all in a parallel line like a cavalry regiment - waiting for my arrival, they knew exactly when and where I would arrive. A fifty-yard head start is too much to ask a cedar arrow to catch up, in a match up with an antelope, when the arrow arrives the antelope is laughing over his shoulder as he moves comfortably over the next rise.

Antelope may not be able to count the arrows in a quiver but they do know their prairie and the predators who hunt them. Fooling that incredible set of eyes is not so easy and thinking they can't figure out predator's intentions is just the edge they need to stay a step ahead of a broadhead. Hunting them is an incredible experience, one that we will explore more in next month's installment of a "Critter's to Love".

Written by Curtis Hermann



January Club Shoot Results

We had a nice turnout this past month with sixteen archers making the round. You'll notice that handicaps are starting to show up now that we completed the third shoot of the new club year.

Taking the top honors this month was Doritina Pentico, daughter of the club President. Her Handicapped score of 572 (353 Scratch) was 9 points higher than dad's 563 (530 scratch). Both dad and Keith Murphy had better watch out this year or she may go home with the Club Trophy in October. Keith was 1 point behind in third place with a 562 (also had a 530 scratch).

Try and make it out to the range for the next club tournament on February 26, 2012.

NAME	HSCORE	SCRATCH	DIVISION	STYLE
Doritina Pentico	572	353	Y	FS
Clark Pentico	563	530	A	FS
Keith Murphy	562	530	A	BHFS
William Bennett	555	464	A	BHFS
Chuck Thurber	546	400	GA	FS
Norman Rice	544	470	GA	FS
Craig Nelson	539	433	A	BHFS
Eric Oland	520	389	A	BHFS
Robert Luttrell	513	207	A	TRAD
Curtis Hermann	513	316	GA	TRAD
John Brix	510	240	GA	TRAD
Garry Magness	500	275	A	TRAD
Steve Price	465	465	GA	FS
Kevin Derry	451	451	A	BHFS
Jim Niehoff	425	425	GA	FS
Carl Ward	231	231	GA	LB

Club Championship & Perpetual Trophies

No one has enough scores in yet to qualify for the Club Championship or Perpetual Trophies.

Golden Ager Trophy (Average of Best 3 Handicapped Scores)

Norman Rice (491.7 AVG) has a nice lead right now over Chuck Thurber (427.3 AVG) for now. Jim Niehoff is currently in third with a 398.7 average.

NAME	HSCORE AVG	STYLE
Chuck Thurber	182.00	FS
Norman Rice	181.30	FS
Curtis Hermann	171.00	TRAD

NAME	HSCORE AVG	STYLE
Norman Rice	491.7	FS
Chuck Thurber	427.3	FS
Jim Niehoff	398.7	FS

Don't forget to put your style of shooting on your scorecard.

Styles are as follows:

Freestyle Unlimited (FS) - Allows for the use of virtually all types and styles of equipment and aids, including mechanical releases, movable sights, scopes, long stabilizers, etc.

Freestyle Limited (FSL) – Same as Freestyle unlimited above, except that mechanical releases are **not** allowed.

Barebow (BB) – No sighting devices or mechanical releases allowed. String walking (or multiple anchor points) **is** allowed.

Bowhunter Freestyle (BF) – Must use fixed pin sights with no more than **5** pins that **cannot** be adjusted during a tournament. Length of stabilizer limited to 12” max. Mechanical releases are permitted.

Bowhunter Freestyle Limited (BHFSL) – Same as Bowhunter Freestyle Unlimited above, except that mechanical releases are not permitted. Fingers **may** be protected by gloved or finger tabs.

Bowhunter (BH) – No sights or mechanical releases. Length of stabilizer limited to 12” long. Must use a single anchor point and string walking is **not** allowed.

Traditional Styles: (please start one on your score card)

Longbow (LB) – No sights, stabilizers, or mechanical releases allowed. Single anchor point only.

Recurve (RB) – No sights, stabilizers, or mechanical releases allowed. Single anchor point only.

Selfbow (SB) - No sights, stabilizers, or mechanical releases allowed, Single anchor point only.

Tech Talk with JBD

Last month we talked about the various bow riser and limb combinations that are possible. Lets assume that I decided to buy another bow for myself (Maybe Santa was good to me, and why not, a man can never have too many bows. It is kind of like woman and shoes, but I digress).

I am average in height and want as forgiving (stable) a bow as I can get. Based on my height, a 66 inch bow is just about perfect. If you remember from last month we talked about this.

Riser Limb Combinations	Shooting Characteristics
Longer Risers, Shorter Limbs <input type="checkbox"/>	Faster, more tendency to stacking, less stable
Shorter Riser, Longer Limbs	Slower, more stable, less stacking

So I am going to pick a short riser (23") and combine that with medium limbs to get a "more stable" 66 inch bow. Now that I have picked a bow length, how many pounds should I pick for that new bow?

Most men shooting FITA recurve bows, shoot somewhere between 35 and 50 pounds in tournament. I suspect the overall average bow weight to be somewhere around 42 pounds. I'll pick 40 pounds for my hypothetical new bow. You don't really need more to get the job done. My son Kenneth shot less than 35 pounds when he was in the top eight in the country as a Junior. He was able to shoot all the adult men tournament distances with that setup, including out to 90 meters (approximately 100 yards).

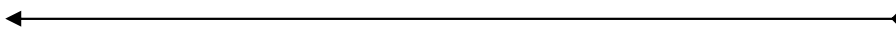
One of the things to keep in mind about bow draw weight is that the more draw weight you pull, the greater the arrow spine needs to be for the bow to be in tune with the arrow. The spine is essentially how easy the arrow bends in the middle when it is shot out of the bow. If the arrow bends too easy then it can hit the side of the bow riser (window) as it is shot or wiggle excessively in flight.

To set the appropriate bead nocking point on the string, I will also need a Bow T-Square and nocking pliers. The T-Square is used for more than just setting the initial position of the nocking bead on the string. (Note: Different arrows require a slightly different nocking bead height on the string). We will also use the T-Square to set the initial brace height and top & bottom tiller for the bow. (Every recurve archer should have a T-Square - don't leave home without it).

I used the word "initial" above because once we start "tuning" the bow for optimum performance we will most likely need to adjust the bead height position, brace height, and top and bottom tiller distances and plunger (center shot). We may also need to play with the arrow point weight (varies from 80 to 120 grains for men) to adjust spine. Some of the better bows also allow the bow limbs to be adjusted for limb alignment

Next month we will pick some arrows based on the Easton Arrow Chart, attach an arrow rest, string the bow, adjust the brace height, top & bottom tiller, cushion plunger depth and tension, and set the nock bead location on the string. Who knows we may even shot an arrow of two to see how we did. Latter on we will add a "clicker", sight, and stabilizer set-up. All of these things will need to be adjusted for optimum performance. If you didn't understand some of this don't worry. It will make more sense as we progress.

Shoot well and shoot often JBD





Calendar of Events

California Bowman Hunter Events

Feb 25th Mojave Archers Lucy 7 Combo Novelty 28 Targets

Feb 26th Mojave Archers Traditional Shoot 3D unmarked 25 Targets

Feb 26th CVA Club Shoot

Mar 4th San Diego Archers Iron Turkey Challenge 34 targets, unmarked

Mar 4th Verdugo Hills Archers Wildwood 3D 42 Target, unmarked

Mar 11th Mojave Archers Shivering Indian 3D unmarked 42 targets

Mar 17th Oranco Bowmen Scalps & Skins 24 3-D targets

Mar 18th

**Mar 18th Conejo Valley Archers Dry & Dusty Shoot 30 target,
marked yardage 3-D**

Mar 18th Riverside Archers Jungle Shoot 3D Marked 30 targets

Mar 31st/Apr 1st Kern River Archers Pow Wow 60 Hand Painted targets, marked

FITA/JOAD Calendar of Events

Feb.24th The 43rd U.S National Indoor &2012 JOAD Indoor Championships Tulare Ca Tulare County Fairgrounds

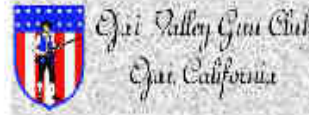
April 23rd U.S. Olympic Trials –2nd Nomination Shoot Chula Vista Ca
Easton Aluminum Archery Range

April 25th U.S. Paralympic Trials - Archery Chula Vista Ca
Easton Aluminum Archery Range

May 19th COTTON BOLL Classic* Tulare Ca
Tulare

August 8th 2012 So Cal Showdown Chula Vista Ca
Easton Aluminum Archery Range

First Annual "Hunt Of A Lifetime" Charity 3D and Field Archery Shoot



Saturday, March 31-Sunday, April 1, 2012

The Ojai Valley Gun Cubs' 3D and Field Archery Range

50 Target Tournament 30 Targets Saturday 20 Targets Sunday

Onsite Registration

Course open to shoot

Friday, March 30, starts at noon

Saturday 9:00 AM- 1:00 PM

Saturday, March 31, 7:00 AM- 8:30 AM

Sunday 9:00 AM- 1:00 PM

Smoker Round

Saturday 3:00- 5:00 PM

\$5.00, one arrow

Awards and Raffles

Sunday, scores in by 2:00 PM

Awards start at 3:00 PM

Fees Family- \$55.00 Couples- \$ 45.00 Adult- \$ 40.00
Senior- \$ 35.00 Youth- \$ 20.00

One day shoot with no awards- less \$ 5.00 CBFF or NFAA members- less \$ 5.00

NFAA Rules Apply

10-8-6 scoring 5-4-3 scoring in case of miss

longbow, recurve, selfbow, senior divisions no clickers, compounds, or sights

Meals available onsite at extra cost

Saturday : Lunch and dinner // Sunday : Breakfast and Lunch

For more info call Mike Cregan (805) 901-1784

or e-mail Mike at ojai.archery.club@gmail.com

All Proceeds To Be Donated To "Hunt Of A Lifetime" Foundation

"Hunt Of A Lifetime" is a nonprofit organization with a mission to grant hunting & fishing dreams for children age 21 and under, who have been diagnosed with life threatening illnesses. We are doing what we can to make a difference in their life, a dream come true. But we need your help, we are looking for people interested in helping the kids live their dreams. Without you, we can't give them the dreams they so desire.

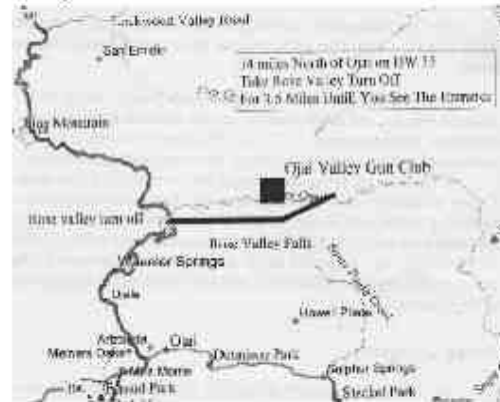


Directions

First Annual "Hunt Of A Lifetime" Charity 3D and Field Archery Shoot

Saturday, March 31-Sunday, April 1, 2012

The Ojai Valley Gun Cubs' 3D and Field Archery Range



Name _____
Address _____
City, State, Zip _____
Phone _____



	No.	Total
Family- \$ 55.00	x _____	_____
Couple- \$ 45.00	x _____	_____
Adult- \$ 40.00	x _____	_____
Senior- \$ 35.00	x _____	_____
Youth- \$ 20.00	x _____	_____
One Day, No Awards- \$ -5.00	x _____	_____
CHH, NFAA member- \$ -5.00	x _____	_____
Total Included		\$ _____

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FYI

Range Beatification days

Are the first Saturday of even months. April 7th is the next day. Please come out and help keep the range beautiful. Mark your calendars

Beware of Rattle Snakes

As the warmer weather comes out so do the rattle snakes. Be aware of rattle snakes and your surroundings

Guest Fee

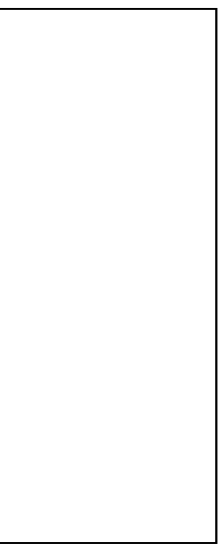
Please remember that all guests of club members that shoot the range must pay a guest fee, this is especially important for the permanent 3D range. We are happy that the 3D range is getting a lot of use, but we want to make sure that we can keep it going. If you would like to donate to keep the permanent 3D range going please see one of the officers or board members.

Fees: \$2.00 on non club shoot days; \$5.00 on club shoot days

3D Range Rules

1. NO Broad Heads are to be shot at 3D range targets.
2. ONE ARROW ONLY to be shot PER TARGET.
3. DO NOT take cross canyon shots. Safety first!!
4. If you don't have a clear shooting lane, clear the lane before shooting.

Conejo Valley Archers
P.O. Box 3982
Thousand Oaks, CA 91359



Reminder: Range Beautification Days
are the 1st Saturday of even months