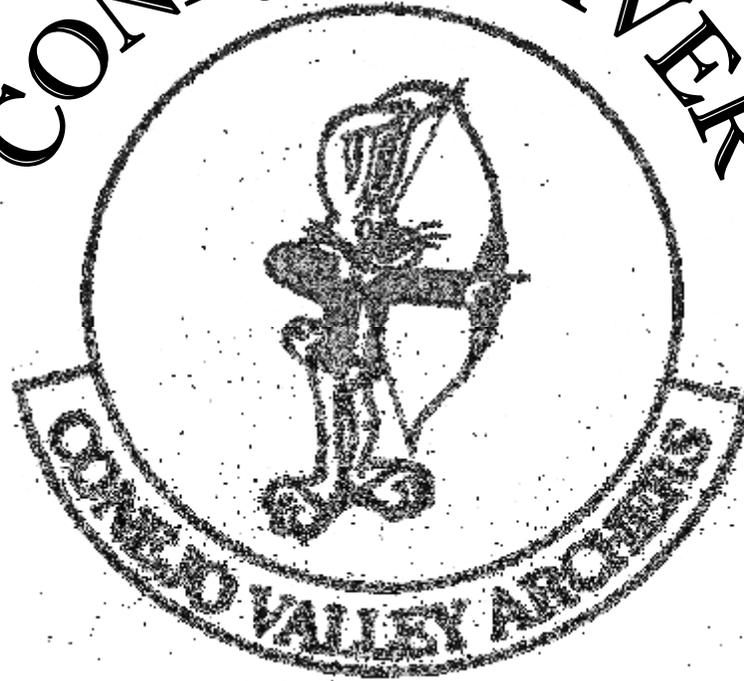


CONEJO QUIVER



info@cvarchers.com
www.cvarchers.com

Monthly Newsletter

January 2012

From the Prez.

To all CVA members,

The holidays are behind us. The New Year is upon us. Now is the time to focus our efforts in CVA to honor the traditions that have come to be expected by the members and to forge new activities for the club to bring a larger, broader and bolder vision in promoting archery.



Getting people involved in archery allows you to share your hobby, and see others have fun. At the same time it should help you become a better archer. I know every time I help someone shoot their first arrow, it is always a blast. If they hit the X there is always a big smile with beginners luck. If they miss the target, it draws a line in the sand to improve from. The aim gets better and the groups get smaller even during the first session. Ask any JOAD coach and I'm sure they will tell you the same thing.

To really get people involved in the club, it helps to have great facilities. We are currently improving our facilities, but can always use more help. If you have not been out to a work party, volunteered at a shoot (we have one coming up Jan. 29th. Hint, hint.), I highly encourage it. It is a lot of fun and allows an opportunity to get to know other members. There are even ways to help at the tournament and shoot (it does not get much better than that). I learn new things about archery and myself every time I volunteer.

There are always things that can be done around the range. If you would like to help please, show up to a work party or contact me and I can work with you on how you can best serve the club. I'm sure you will find it rewarding making a difference, while having a lot of fun. So get out there and make a difference in the club.

I hope to see you out at the range.

Shoot have fun.

Clark Pentico

CVA JOAD News



Hi All,

Happy New Year everyone!!! Hope you all survived the New Year festivities! December's testing was slow...we had a few brave souls show up. Owen Roberts got his Junior Archer pin with points to spare. The others on-hand didn't quite meet their goals. I was a little surprised more folks didn't show up as it was such a beautiful day to shoot...I guess everyone else must have had "big dates"...probably getting ready for the festivities for bringing in the New Year!

As this article is being written the troops are getting ready to caravan to Tulare, California for the JOAD & State Indoor Championships for 2012. We will of course be sending our courageous archers along with our coaching staff for support. Hopefully, the results will make this newsletter. If not, the next one for sure. We will be keeping you posted.

Chef Mike is back and already planning his next BBQ bash. He hasn't divulged any information yet, but I'm sure it will be special. We'll be keeping everyone in the loop on this one as well.

Well, that's about it for now...we'll let you know if anything exciting is coming up....see you all out there Saturday.

Coach Mike

December 12/18/2011 Club Shoot Results

We've had an excellent turnout for the club shoot the last two months (21 archers making the round in both November and December). This is the most archers that we have had out in a while. Hopefully January will be even bigger. January will also be the first month than any of our archers will have a handicap applied to their club score.

Looking at the scores for the December shoot you'll see that Keith had the top scratch score (525) followed by Clark Pentico (523), who was following in turn by Clark Pentico (506), who was followed by Keith Murphy (493). What gives you ask? Good question. If you look closely you'll see that they shot both BHFS and FS (pins vs movable sight). So who is the "top banana", "el numero uno", the "big cheese" this month? That is a good question.

If we add up both their scores then the bragging rights goes to Clark with a 1029 (523 + 506) versus Keith's meager 1018 (525 + 493). Sounds like we need to create a new trophy for individual with the highest cumulative handicapped score from two shooting styles.

So who else is up to the challenge? What should we call the new trophy? The "Big Kakuna" Trophy, or maybe the "Iron Man" or what? We'll award a special prize to whoever comes up with the name for this new trophy. Get those suggestions into yours truly to win fame and fortune.

<i>NAME</i>	<i>SCRATCH</i>	<i>HSCORE</i>	<i>DIVISION</i>	<i>STYLE</i>
Keith Murphy	525	525	A	BHFS
Clark Pentico	523	523	A	FS
Clark Pentico	506	506	A	BHFS
Keith Murphy	493	493	A	FS
Norman Rice	475	475	GA	FS
Steve Price	456	456	GA	BHFS
William Bennett	437	437	A	BHFS
Craig Nelson	430	430	A	BHFS
Chuck Thurber	391	391	GA	FS
Jim Niehoff	389	389	GA	FS



Curtis Hermann	327	327	GA	TRAD
Doritina Pentico	245	245	Y	FS
Garry Magness	245	245	A	LB
Carlos Parada	214	214	A	TRAD
John Brix	206	206	GA	TRAD
Carl Ward	172	17200	GA	LB
Bob Bombardier	163	163	A	LB
Rob Ramos	150	150	A	TRAD
Robert Luttrell	138	138	A	TRAD
Bobby Blackburn	85	85	YA	LB
Steve Erikson	76	76	A	TRAD

Don't forget to put your style of shooting on your scorecard.

Styles are as follows:

Freestyle Unlimited (FS) - Allows for the use of virtually all types and styles of equipment and aids, including mechanical releases, movable sights, scopes, long stabilizers, etc.

Freestyle Limited (FSL) – Same as Freestyle unlimited above, except that mechanical releases are **not** allowed.

Barebow (BB) – No sighting devices or mechanical releases allowed. String walking (or multiple anchor points) **is** allowed.

Bowhunter Freestyle (BF) – Must use fixed pin sights with no more than **5** pins that **cannot** be adjusted during a tournament. Length of stabilizer limited to 12” max. Mechanical releases are permitted.

Bowhunter Freestyle Limited (BHFSL) – Same as Bowhunter Freestyle Unlimited above, except that mechanical releases are not permitted. Fingers **may** be protected by gloved or finger tabs.

Bowhunter (BH) – No sights or mechanical releases. Length of stabilizer limited to 12” long. Must use a single anchor point and string walking is **not** allowed.

Traditional Styles: (please start one on your score card)

Longbow (LB) – No sights, stabilizers, or mechanical releases allowed. Single anchor point only.

Recurve (RB) – No sights, stabilizers, or mechanical releases allowed. Single anchor point only.

Selfbow (SB) - No sights, stabilizers, or mechanical releases allowed, Single anchor point only.

Tech Talk with JBD

I hope Santa was good to everyone this Christmas. Let us assume he dropped some cash your way and you're thinking about buying that Olympic Recurve type (FITA) bow with all the bells and whistles. Much of what we will talk here and in the coming weeks is applicable to any recurve bow, though for now I will limit the discussion to bows with metal or composite risers and limb pockets that take universal socket limbs. A set of universal socket limbs will fit on any of the metal risers manufactured by Hoyt, WinWin, Merlin, and Spigerelli and others (regardless of who manufactured the limbs). Recurve Bows come in a number of different size and length combinations, though most target bows will average 66 or 68 inches in length. Different lengths are used based on a number of considerations including a person's height and draw length.

Draw Length	Bow Length
Up to 27" Draw Length	64"
24 – 29"	66"
27 – 31"	68"
29" or over	70"

To make things interesting FITA bow risers and limb lengths come in various combinations.

Riser Length	Short Limb	Medium Limb	Long Limb
Short Riser (23")	64"	66"	68"
Long Riser (24")	66"	68"	70"

As an example you'll notice that a 66" bow can be made either by a Short Riser-Medium Limb or Long Riser-Short Limb combination. It is also possible to arrive at two different 68" bows in a similar manner. O.K. so what is the difference between the various combinations (other than the obvious one that short people need shorter bows than tall people)? It turns out that while the bow lengths may be identical, the shooting characteristics of the two are very much different.

Riser Limb Combinations	Shooting Characteristics
Longer Risers, Shorter Limbs	Faster, more tendency to stacking, less stable
Shorter Riser, Longer Limbs	Slower, more stable, less stacking

Tournament Update
California State Indoor Championships, Tulare CA
Friday January 6-7 and 8th, 2012
Hosted by Tulare Target Archers

This month an impressive contingent of archers and their families travelled up to Tulare to participate in the Friday, J.O.A.D. and the Saturday and Sunday FITA tournaments, of the California State Indoor Championships. CVA presented the largest J.O.A.D. group at the tournament. Coach John Downey said that he was very proud and impressed with the way that our shooters represented our CVA Club with integrity and professionalism while all having a great time.

During the JOAD tournament, new shooter Kirsten Moyer enjoyed her first tournament with a good showing. Coach Dave Dragan said that with more regular practice she will be shooting for those medals soon. Archers Meade Ridgley, April Hoberg Wesley Richter and Connor Richter also had great performances and will now be getting ready for Nationals next month.

Impressive performances, equaled medals for the following shooters:

Hunter Conley – Male Cub Recurve – Bronze medal

Jack Thomas – Male Cadet Recurve – Silver medal

Kyle Hoberg – Male Junior Recurve – Gold medal

Coach Richard Carpenter said that these archers were not only shooting well but also using a great mental game thus equaling those medals. Great job!

For the evening, everyone enjoyed the traditional CVA Pizza Celebration hosted by Coach Dave. It's his favorite part of the tournament as it brings together all of our families. After a good night's rest our archers returned for the FITA two day event. This is a long weekend for our JOAD competitors but they again showed their training as they gave two more days of great shooting along with our adult shooters. We again had top performances from the following junior archers:

Kyle Hoberg – Male Junior Recurve – Bronze medal

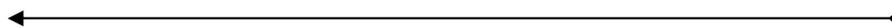
Hunter Conley – Male Cub Recurve – Silver medal

Prietlentka Pengal - Female Cub Compound – Gold medal

Our adult archers also fared well. Rose and Kurt Hoberg were shooting great with Kurt just missing out for the bronze in a very tough adult men's group. Lisa and Chris Champigny, and Barbara Richter all made good showings. First time tournament shooter Kionna Mainwal earned some great experience while shooting with an always large group of collegiate shooters.

Ken Downey brought his usual impressive A game and earned the top of the podium for the tournament, winning the gold in the very competitive, Men's Adult Recurve division. Lulu was sorry she missed the show!

Carissa Dragan walked away with top honors, winning the gold in the Women's Adult Recurve division and in turn being awarded the coveted "Triple Crown" as she placed first place in all three state tournaments. (And doing it all while being pregnant!) This award is given to the archer with the highest overall combined scores at those qualifying tournaments.





Calendar of Events

California Bowman Hunter Events

Jan 22nd Mojave Archers Clara 3D Challenge Unmarked 42 Targets

Jan 22nd CVA Club Shoot

Jan 29th CVA Pacific Coast 3D Adventure 45 3D Targets

Feb 12th Oranco Bowmen Rendezvous 42 Unmarked 3D Targets

Feb 12th Riverside Archers Team Tough man 3D unmarked 3D 30 Targets

Feb 19th San Diego Archers Flying Pig 3D Range Finders ok

Feb 25th Mojave Archers Lucy 7 Combo Novelty 28 Targets

Feb 26th Mojave Archers Traditional Shoot 3D unmarked 25 Targets

Feb 26th CVA Club Shoot

FITA/JOAD Calendar of Events

Feb.24th The 43rd U.S National Indoor &2012 JOAD Indoor Championships Tulare Ca Tulare County Fairgrounds

April 23rd U.S. Olympic Trials –2nd Nomination Shoot Chula Vista Ca
Easton Aluminum Archery Range

April 25th U.S. Paralympic Trials - Archery Chula Vista Ca
Easton Aluminum Archery Range

May 19th COTTON BOLL Classic* Tulare Ca
Tulare

August 8th 2012 So Cal Showdown Chula Vista Ca
Easton Aluminum Archery Range



Conejo Valley Archers

Pacific Coast 3D Adventure

Sunday January 29, 2012

No Rain Out Date - This is a Rain or Shine Shoot

45 Separate 3D Targets

NO RANGE FINDERS -

Double score cards and shooting groups of three or more required to compete for trophies

REGISTRATION
7:00 - 9:00 AM
SHOTGUN START

ADULTS \$20
COUPLES \$25
FAMILY \$30
OVER 65 \$FREE
ALL KIDS \$5

Non-members of
the CBH/NFAA add
\$5 to above fees.

Membership is
available at the
tournament

For Information Call
Club Phone
805 530-1339

Stanley Grigelis
Cell (805) 795-7201



AWARDS

1st, 2nd, & 3rd
in all styles

Food and Drinks Available
All Day

No Dogs Allowed on Range

ADULT STYLES

Release * Sight (Finger)
FITA RC * Non-sight
Recurve * Longbow
*Self Bow

YOUNG ADULTS

YOUTH/CUB STYLES

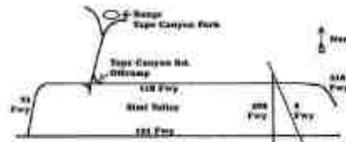
Sight * Non-sight

1 (one) Arrow
Unmarked Yardage
10-8-5 Scoring

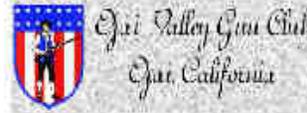
DIRECTIONS TO RANGE

118 FWY East or West
to Simi Valley
Exit at Tapo Canyon Rd.
Go North on Tapo Canyon
Rd. to Tapo Canyon Park.
Range is inside Park.

**** Notice ****
The Conejo Pacific Coast Traditional
Challenge Full Two Day Shoot is on May
5thth & 6th, 2012
See www.cvarchers.com



First Annual "Hunt Of A Lifetime" Charity 3D and Field Archery Shoot



Saturday, March 31-Sunday, April 1, 2012

The Ojai Valley Gun Cubs' 3D and Field Archery Range

50 Target Tournament 30 Targets Saturday 20 Targets Sunday

Onsite Registration

Course open to shoot

Friday, March 30, starts at noon

Saturday 9:00 AM- 1:00 PM

Saturday, March 31, 7:00 AM- 8:30 AM

Sunday 9:00 AM- 1:00 PM

Smoker Round

Saturday 3:00- 5:00 PM

\$5.00, one arrow

Awards and Raffles

Sunday, scores in by 2:00 PM

Awards start at 3:00 PM

Fees Family- \$55.00 Couples- \$ 45.00 Adult- \$ 40.00
Senior- \$ 35.00 Youth- \$ 20.00

One day shoot with no awards- less \$ 5.00 CBFF or NFAA members- less \$ 5.00

NFAA Rules Apply

10-8-6 scoring

5-4-3 scoring in case of miss

longbow, recurve, selfbow, senior divisions

no clickers, compounds, or sights

Meals available onsite at extra cost

Saturday : Lunch and dinner // Sunday : Breakfast and Lunch

For more info call Mike Cregan (805) 901-1784

or e-mail Mike at ojai.archery.club@gmail.com

All Proceeds To Be Donated To "Hunt Of A Lifetime" Foundation

"Hunt Of A Lifetime" is a nonprofit organization with a mission to grant hunting & fishing dreams for children age 21 and under, who have been diagnosed with life threatening illnesses. We are doing what we can to make a difference in their life, a dream come true. But we need your help, we are looking for people interested in helping the kids live their dreams. Without you, we can't give them the dreams they so desire.

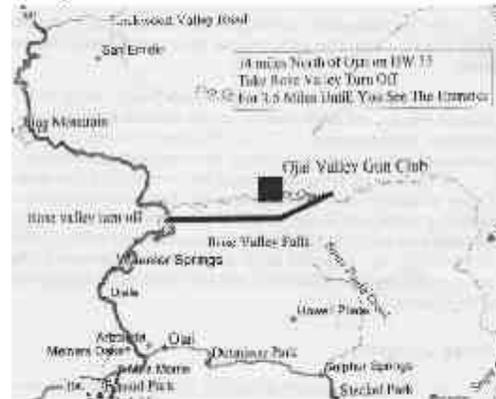


Directions

First Annual "Hunt Of A Lifetime" Charity 3D and Field Archery Shoot

Saturday, March 31-Sunday, April 1, 2012

The Ojai Valley Gun Cubs' 3D and Field Archery Range



Name _____
Address _____
City, State, Zip _____
Phone _____



	No.	Total
Family- \$ 55.00	x _____	_____
Couple- \$ 45.00	x _____	_____
Adult- \$ 40.00	x _____	_____
Senior- \$ 35.00	x _____	_____
Youth- \$ 20.00	x _____	_____
One Day, No Awards- \$ -5.00	x _____	_____
CHL, NFAA number- \$ -5.00	x _____	_____
Total Included		\$ _____

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³ Critter¹s to Love²

By Curtis Hermann

We all have a preferred game animal we like to hunt; statistics say that for bowhunter¹s that creature is the White Tailed Deer. If one resides out west the options broaden and for many it is a large magnificent ungulate called Elk, for others the Mule Deer, for me it is the Pronghorn Antelope.

The antelope does not get the press larger animals do and therefore is usually not as sought after. However the antelope is a special- unique to America-prize, so I¹m going to use this opportunity to provide some insight into this most interesting and challenging quarry. Maybe you too, will find this unusual critter, is one to love.

First off Pronghorn¹s are not nearly as large as they look, an illusion - I suppose, that is created by the very prairie that is it¹s home. When you see one standing in the open (at what ever distance) he is usually the largest object (more than a foot tall) from horizon to horizon. In truth, they¹re hardly big enough to be considered a big-game animal, as an adult buck will only weigh about 125 pounds. Standing, he is about 34 inches tall at the shoulder - visualize a Great Dane. On the prairie he seems large, when lying on the ground at the end of a hunt, one gets the sense that he would fit into a pocket.

I mention his size, as that is an important element for an animal living in the harsh and variable climate of the prairie. This size to weight ratio of an antelope shows that he has more surface area than most animals of equal weight and therefore will lose heat faster in the winter (downside) and also in the summer (upside) when he can reach 35-40 MPH in his dashes across the hot prairie. Each follicle of hair is hollow - which provides insulation from both summer heat and winter cold.

His size has other disadvantages for surviving a tough winter, this small size means a shorter distance for food to travel through the four-chamber stomach that all ungulates share and therefore less time to break down rough-age and extract energy, so he needs a constant supply of easily digestible and nutritious forage to survive, an ungulate the size of an elk or buffalo has a much easier time in the winter.



FYI

Locks are to change on Jan 20th. New keys are available at JOAD on Saturday, or at the meeting on Sunday.

Range Beatification days

Are the first Saturday of even months. Feb 4th is the next day. Please come out and help keep the range beautiful. Mark your calendars

Archery Trivia

I wanted to try something new be the first to email the editor the correct answer and you will receive a 5.00 gift card.

Question? What was the name of the first ever archer who won the Gold medal at 50 meters and in what year was it won?

I will post the answer and winner in the next Quiver
Good luck

Guest Fee

Please remember that all guests of club members that shoot the range must sign a **waiver** and pay a **guest fee**, There is a drop box for guest fees and waivers, We are happy that the 3D range is getting a lot of use, please remember **No Broadheads** If you would like to donate to keep the permanent 3D range going please see one of the officers or board members.

Fees: \$2.00 on non club shoot days; \$5.00 on club shoot days

Conejo Valley Archers
P.O. Box 3982
Thousand Oaks, CA 91359

*Range key change
this Friday, Jan
20th*

Reminder: Range Beautification Days
are the 1st Saturday of even months

