

CONEJO QUIVER



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Monthly Newsletter

**July 2012**

## From the Prez

To all CVA members,

Help Wanted.

"Men wanted for hazardous journey. Low wages, bitter cold, long hours of complete darkness. Safe return doubtful. Honor and recognition in event of success." Ernest Shackleton (1912/13).



This was Shackleton's alleged help wanted ad for an expedition to the South Pole. I can't really compete with that but here is my best shot:

Archers wanted for rewarding assignment. No pay, long hours, high temperatures in the blazing sun. Rattlesnake and coyote encounters likely. Smiles, building friendships and appreciation expected every day. Clark Pentico (2012).

CVA belongs to its members. The range is a result of years of steady progress from the members who have put in countless hours improving the grounds. This takes recurring maintenance and the development of new programs to support the members' archery interests.

I hear comments from archers (CVA members and from other clubs) like "We should be doing (fill in the blank)" or "CVA is just becoming a JOAD club." I always try to correct them. CVA is a club that attempts to support the desires of the member's vision in archery.

Now, given limited resources (money, labor, geographic limitations, etc...) we have to budget what we do, how we do it and the cost of any program. If the program can be self-financing it make the process a little easier (3D shoots, JOAD, etc...). Then we prioritize the projects and determine which to tackle now and what to put on the back burner.

The limiting resource in CVA is usually labor (except for major capital intensive projects). From what I can see we are getting more help at work parties, JOAD and club shoots. The club membership is higher than it has been in recent years. We are growing and expanding our role supporting archers and the community. But with this growth, we need even more help to keep the club strong and to present a positive outreach to individuals that are considering archery for the first time.

There are a lot of projects that could use help. JOAD coaches need help with the children on Saturday morning. Animal stakes need to be put in the ground on the field range. The 3-D range needs animals to be repaired. Bales need to be added/moved on the JOAD range. Bales need to be replaced on the roving range. Target covers for the roving range need to be built. Weeds sprayed. Trains maintained. Trash removed. Trees planted. The list goes on and on.

CVA belongs to its members. This is your club. If you can help on any of these projects, please let me know and I will put you in contact with the right person. If you want to make changes to the club, let me know and I will see what we can do to support you. If you don't know what you can do to help, call me and I will find a way where you can make a meaningful contribution to the club. Come out to a range work party (The next one is August 4th) and we will put you to work. If you have physical limitations, there are still tasks that could use your help. Call me.

In return, I can only give you a better club, smiles, appreciation, fun, camaraderie and the satisfaction that you are making a difference.

Now, go make the club better and shoot some arrows,

Clark Pentico







## **CVA – Just what and who are we?**

The Conejo Valley Archers Club is a *Field Archery Club* under the guidance of the NFAA or National Field Archery Association. The definition of field archery involves shooting at targets at varying distances in woodland or rough terrain. In organized field archery these are marked yardage distances unless otherwise noted such as in an unmarked 3-D shoot.

I'm not sure the above sentence means very much to many of our members today, so I'm going to give you my understanding of the values that are involved with being a member of an *organized field archery club* - beyond just having a place to practice your hobby. So today we will learn what this means at the Club level and at the State level.

### **A BRIEF HISTORY**

The NFAA was started in 1939 in Redlands, California by archers who wanted more than the organized target archery of the time, which was run by the NAA or the National Archery Association. A new record book would be needed for a new style of archery that involved the hunter and roving archer, a group that was growing rapidly in America.

The NFAA developed three rounds on a 14 or 28 butt roving/meandering marked target range, these rounds are Hunter, Field and Animal, they also helped set up a state archery organization in every state. Through committee they create and maintain the standards that decide the styles (BB, BH, FS, etc.) and class (A, B, C) of shooting for competition on a field range. Today this system has grown to include three National Tournaments (Indoor, Outdoor and Marked 3-D), Eight Sectional (group of 6+ states in a geographical area such as South East or Midwest) Indoor and Eight Sectional Outdoor Championships, they Sanction more than 100 Indoor/Outdoor State Championships and 1,000's of club shoots.



They also provide two other major functions, they create the rules for designing a safe marked yardage field archery range, they provide certification of that safety through inspection and they provide the insurance needed to protect the club, allowing us to build ranges that Cities and States find acceptable and safe.

The NFAA is a member of the International Field Archery Association (IFAA) and a national allied organization of the NAA, which makes our JOAD program work within a field archery club.

Ok, so what does this mean to the average CVA member? Well, in my mind – if you want your archery advancements to be recorded, your career recognized - then you will pay attention to which shoots are sanctioned or presented by the NFAA. If you want a standard by which to gauge your progress, the A-B-C class system does that.

Not all shoots are sanctioned by the NFAA and unsanctioned shoots do not provide a path to a recorded or recognized career as an archer. CVA has not promoted many NFAA sanctioned shoots these last few years (exception – our monthly club shoot), preferring to focus on a category known as “novelty shoots” for the purpose of fund raising. Novelty shoots (i.e., Fun in the Sun or Traditional Challenge) are easier to put on, require less oversight and are excellent fund raisers, but winning one does not advance ones archery career one iota! The standards for these shoots are loose and limited and do not qualify for record keeping.

On the other hand participating in or winning our monthly club shoot is useful for establishing Style, Class and Club Recognition. Once Style (BH, etc) and Class (A, B or C) is established during the club shoots - you can then advance by competing in the State Target (Indoor/Outdoor), Field or Marked 3-D Championship Tournaments. These tournaments are put on by our state archery association (CBH/SAA or California Bowmen Hunters State Archery Association – CBH for short) but hosted by individual archery clubs such as the Conejo Valley Archers, the Oranco Bowmen or other clubs by lobbying for them at the annual State Archery Association meeting in mid-January of each spring.





# Club Shoot

We had a nice shoot this month (June) with almost twenty archers making the rounds. We also had a couple of first time shooters on the course this month, Stan Ogle and Victoria Torrez. Glad you could both make it out. Welcome aboard.

At the top of the scoreboard this month was “Golden Ager” Norman Rice with a 563 (490 scratch). Right behind him by one point was Doritina Pentico with a 562 (489 scratch). I suppose I could go with the easy joke of “Age before Beauty”, but that would be just too easy ... . Right behind Doritina was Carlos Parada with a 552 (490 scratch). Finishing out the Top Five was Jim Niehoff (551, 444) and Steve Price (550, 485).

Neither of the perennial favorites, Clark Pentico or Keith Murphy) made it into the Top Five. Though they did come up with the two top scratch scores. Clark’s 519 score, beat out Keith’s by 3 points.

I should also note that this was the first time we have put Animal Targets up to shoot at. The first 14 targets had these up courtesy of Keith Murphy. In addition to pasting them up and placing them, a great deal of work went into making sure all the animal shooting stakes were in the correct position. A Big Thanks to Keith and all those that helped. Even yours truly was seen walking the course and punching holes in them.



<b>NAME</b>	<b>HANDICAPED SCORE</b>	<b>SCRATCH SCORE</b>	<b>DIVISION</b>	<b>STYLE</b>	<b>RANGE RECORD</b>
Norman Rice	563	490	GA	FS	
Doritina Pentico	562	489	Y	FS	<b>Yes</b>
Carlos Parada	552	490	A	BHFS	
Jim Niehoff	551	444	GA	BHFS	
Steve Price	550	485	GA	FS	
Clark Pentico	549	519	A	FS	
Keith Murphy	547	516	A	BHFS	
George Blevins	544	495	A	BHFS	
Wesley Richter	542	273	C	FSL	
Brent Richter	539	441	A	FS	
Rob Ramos	523	237	A	TRAD	
Curtis Hermann	506	316	GA	TRAD	
Bob Bombardier	469	154	A	LB	
Barbara Richter	467	285	A	FSL	
Connor Richter	460	102	Y	FSL	
Stan Ogle	335	335	A	BHFS	
Tom Swindell	197	197	GA	TRAD	
Victoria Torrez	51	51	A	TRAD	

### **Club Trophy (Belt Buckle)**

Doritina Pentico is once again at the top this month in the race for the Club Championship Trophy. She has a nice lead right now over both her dad Clark Pentico, and Keith Murphy. There is a little bit more than 3 points separating the second through 4th place positions. We still have a few months left so anything can happen. It wouldn't be the time that someone snuck in there at the last minute and took home the trophy.



# Tech Talk with JBD

Over the last couple of months we've assembled our bow, and it now has a rough tune. One of the things we did was to set an initial nocking point. As you recall it should be somewhere around a half inch high (measured at the top of the knock – so the bottom of the nock is about one quarter of an inch above square). This initial setup however is not perfect and we will more than likely change it as we proceed.

It is important that we install on the bow all of the items we actually intend to use when shooting before we begin the fine-tuning process. This includes the correct bowstring, bow sight, stabilizers, arrow rest, cushion plunger, etc. Any adjustments made to the bow or changes in any of the bow components can affect the tune of your equipment.

## **Cardinal Rules of Tuning**

**#1 - Remember, when tuning, it is very important to change only one variable at a time!**

**#2 – Keep good notes on what you have changed**

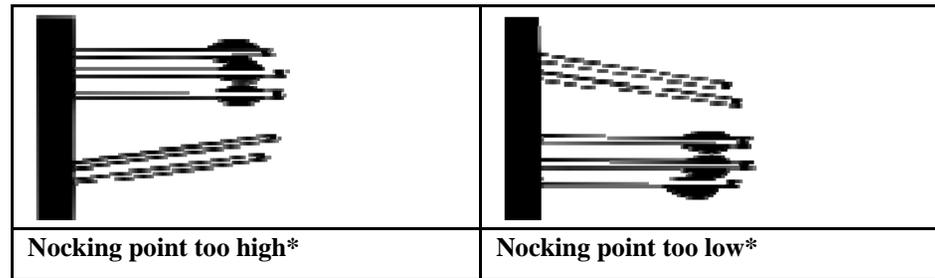
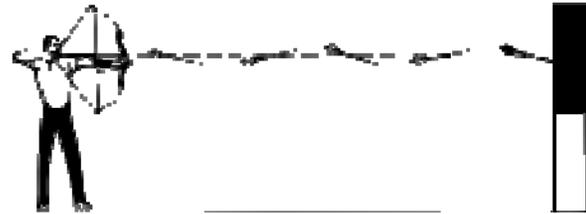
**#3 – If you are unable to consistently group your arrows on the target you'd be better off practicing than spending a lot of time trying to fine-tune your equipment.**

**#4 - Good weather is important when fine-tuning. You cannot fine tune (bare shaft test) in the wind.**

The first thing we will do to fine tune the nocking point is to bare-shaft test our arrows. Yes Virginia, you can shoot arrows without feathers or vanes. This is still one of the best ways to test an arrow. The diagram below from the Easton Tuning Guide should give you a pretty good idea of what is involved. Porpoising is nothing more than the back end of an arrow moving up and down in flight and is caused when the arrow leaves the bowstring with the nock end too high or too low.

# Tech Talk with JBD

## Porpoising



You will want to shoot at least three fletched shafts at a distance of 15 to 20 yards (or meters). Then shoot two identically aimed and unfletched shafts. Once you get the bare shafts to impact close to the same height as the fletched arrows at 20 yards (or meters) you are ready to move on in your quest for the perfect tune. If the unfletched shafts impact above the identically- aimed fletched shafts, move the nocking point up on the bowstring as the diagram illustrates until both fletched and unfletched shafts strike at the same elevation.

Conversely, if the unfletched shafts hit below the identically- aimed fletched shafts, move the nocking point down on the bowstring until the unfletched shafts hit at the same elevation or slightly lower than the fletched shafts.

Repeat the test to assure that you have eliminated all porpoising, shooting first the fletched, then the unfletched shafts. Make adjustments as needed to the nocking point until both fletched and unfletched shafts consistently impact at the same elevation.





## Tech Talk with JBD

Sticky metal tape you say? How do we use that?

We use the tape to weight the back end of the arrow to the same weight as the three vanes (or feathers) that you intend to shoot (probably in this case Easton spin wings). To do this correctly requires a grain scale to measure the weight of six vanes, and then an equal weight of metal sticky tape. Once you have a piece of metal tape that weighs the same as the six vanes, simply cut it in six pieces (strips) and stick it to the back end of the two bare shafts where your vanes would normally reside. Now test the tune of the arrows as outlined above.

Once the above fine-tuning steps are completed we are ready to go to one of the many *finer-tuning* methods, which we will cover in future articles. When our quest is over, don't be surprised if the bare shaft impact point changes. It is not uncommon for a well-tuned bow to have the bare shaft impact a little low and a little left (slightly stiff) of the fletched shafts for a right-handed archer).

Next month we will look at some of the finer-tuning methods available.

John Downey



# Classifieds



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## Lost and Found

**Found**

## For Sale

GREAT PLAINS SR SWIFT RECURVE – CASADOR MODEL –  
3 PIECE TAKE DOWN – 60" Right handed  
Riser is of Honduran Rosewood with Two sets of limbs :  
Yew Wood Limbs are 50#@28"  
Bamboo Wood Limbs are 55#@28'

STEVE ABBOTT LONGBOW - 62" & 47#@28" - YEW  
WOOD LIMBS Right Handed Both bows are in excellent  
condition taken care of by a loving bowhunter,  
For either bow call Rev. Steve Day at 818 535-2275







Conejo Valley Archers  
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Thousand Oaks, CA 91359

*Remember with the  
time change next club  
meeting will start at  
11:00 AM*

**Reminder:** Range Beautification Days  
are the 1st Saturday of even months

