

CONEJO QUIVER



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Monthly Newsletter

November 2012

From the Prez

To all CVA member's

Busy. Busy. Busy.

The last three weeks have been busy at the range. We had the Fun in the Sun Zombie shoot, fun shoot and awards for the club and then the JOAD Halloween BBQ. If you did not make it to any of them, you missed out. All of them were a lot of fun.



The Zombie shoot was creative with zombie hunting licenses, zombie antidote (coffee), and “Do not feed the zombies” signs. Big thanks to John Downey for making it all happen. If you made it to the Zombie shoot and had fun let John Downey know. I feel prepared for the inevitable zombie apocalypse that is sure to be here soon.

The club tournament for the year is in the record books. John Downey also took care of that tournament. How does he get it all done? Thanks again for making sure everyone was taken care of. If you have not seen the range record trophies, make sure you see one. They were nice engraved Buck knives. If you see one you might think seriously about participating in the club shoot next year. Which by the way starts over this month? Everyone starts out even, so this is the time to join in and shoot with your fellow club members, have some fun and win great prizes.

Mike Keena put together another one of his wild meat BBQ Halloween extravaganzas. Kudos to Mike for organizing all the food. And thanks for the coaches for making it a success, not just for Halloween, but for the entire JOAD program

From the desk of The Vice Prez

Dave Dragan



Hi Everyone,
Well we managed to get through all our October tournaments and I think we all can agree they all were a great success!

The Fun In the Sun was a lot of fun with the new Zombie theme, thanks to John Downey's strange sense of humor! And our year end club shoot and BBQ was also a big success! Lets not forget the JOAD Halloween shoot and BBQ!! I want to thank all the JOAD Coaches for helping to put on another great day for everyone. It was one long day with us also hosting a private party. And a big thanks to Mike Keena and his crew for a wonderful and very tasty BBQ,

I think everyone enjoyed the food and there was plenty for all. We can now take a little breather but the holidays are quickly coming up and we still have the Toys For Tots Tournament in early December. I am also planning a Dinner for all the JOAD Coaches and their families to thank them for their hard work and countless hours of helping with our great program. As the new year approaches we have a lot of things we want to accomplish and I know that we all a looking forward to the challenges that lie ahead!

As I am writing this, I'm with Coach Richard and Coach Brent at the Olympic Training Center taking our Level 4 training course. This is my second time training with Coach Kisik Lee our US Archery Olympic Coach and again it is a very intence course. We all are in the classroom from 9am till 9pm furthering our knowledge and understanding of the National Training System (NTS) and the KLS Shot Cycle.



Once we all finish and receive our Level 4 certification our JOAD program will have 4 level 4 coaches along with all the level 3 coaches, level 2 and 1 instructors which is very impressive. Most clubs are lucky to have 1 level 4 coach or maybe 1 or 2 level 3 coaches! But for me personally this just means that we can continue to offer all our archers the highest level of training possible to attain whatever goals they set for themselves.

We want build our program to be the best anywhere with our professional and knowledgeable staff of very talented and dedicated people!! I am looking forward to bringing this knowledge back to CVA and sharing it with all the other Coaches and staff! Hopefully this will inspire our archers to push themselves to be the very best they can be. And with the California State Indoor Championships coming up in early January,

I'm sure that CVA will once again have a large group of competitors who will represent us well and hopefully bring home some medals. But the important thing here is that they go and compete to the best of their ability and use the skills that we have taught them, and have fun!! If they can do this then all of us Coaches have done our job, and we can continue to train them to improve and strive to get to that next level!!

That's about all for now but remember if any of you club members would like to take advantage of what I think is very rare opportunity to have all these high level and skilled Coaches on our staff. All you have to do is come out on Saturdays JOAD sessions or get in contact with me and we can set up a possible private session to help you improve and hone your archery skills!! Hope to see you all out there shooting as much as possible!!

All My Best,

Coach Dave

CVA JOAD News



Hi all,

Just got back from our 7th Annual JOAD BBQ Bash and it was an amazing success! Tons of food. Lots of Halloween targets and costumes. Everyone had a great time. Chef Mike and crew out-did themselves with ribs, two kinds of chili, sausage, pig taco's and a chicken/rice dish that was out of this world. Desserts, of course, always plenty of them. Ice-cream Paul was on hand as usual.

There were plenty of cakes and cookies and brownies as well. We had great weather and the turn-out was the best yet. Thanks again chef Mike and crew for all your hard work.

Last week two courageous young archers took the next step in getting their pins. Stephanie Huller got her Yeoman pin with plenty of points to spare. Stephanie is new with us but is showing great potential. If you see her at the range give her a warm CVA welcome! Doritina finished up the prerequisite pins topping it off with the Expert Archer pin. Now she joins the elite group of six who are looking toward their Bronze Olympian pin. Considering her last score of 272, the bronze is in the bag as she only needs to shoot a 280! We'll be keeping you posted on how Doritina does in the upcoming months. Well, that's about it for now, see you all out there Saturday.

Coach Mike

Time to get your new Key

Hi all,

The club is changing the locks this Friday afternoon 11/16/12. New keys will be available to members that have paid their dues for this year. You **MUST** turn in your old keys or you will have to pay a \$5.00 deposit. There will be a few ways you can get your new keys.

1. Attend monthly club shoot/meeting to exchange your old keys for new.
2. The coaches at the Saturday JOAD will have keys to exchange.
3. Snail mail your old key to Dan Dix (or \$5.00 replacement fee) and receive a new one in return by mail.

Dan Dix CVA Treasurer

4008 Monterey Ct.

Newbury Park, Ca.91320 805-376-3568

4. I work and live in Simi Valley. You can call me and arrange to meet me to exchange keys.

Keith Murphy

CVA board member & range captain

805-558-9312

See you out at the range

Keith

Odds and End's of the Outdoor Lifestyle

By Curtis Herman

After last months lengthy column on carbon shafts I felt something lighter and more versatile would be appropriate.

Many years of archery has taught me a few things, mostly common sense things and I hope you find a few that will help you.

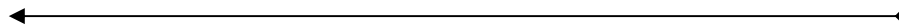
We have a lot of young families in CVA and nothing is more important then the younger members, so if you dream of bow hunting with a son or daughter let's talk about making the experience "Kid Friendly." My experience is that we rarely create an archer/bow hunter from a child, but we can reveal the one inside with just a little care.

The first field experience should contain three important ingredients. 1. Sunshine, 2. Good field conversation, 3. Snacks, lots of snacks, that's all it takes to reveal the outdoorsman inside that small body, however there are pitfalls to avoid, so let's go over those as well.

"Over bowed" is the one I see most, it is hard for a child to be confident if he is struggling to control his weapon and will become discouraged before they even get started. Let's not over bow our kids!

Weather is the next one and it is so important, so plan your first few trips with a keen eye on the weather report, look for sunshine, mild temperatures and light wind. Once your young partner decides this is the life for them, then they can handle what mother natures tends to send our way. Sitting in a tree stand at near freezing temperatures is not the way to start, nor is slogging through rain and mud, you get the idea.

"Panned Game Farm's," this one came slowly - as I first thought they were a good idea - so the child could experience success fairly early on. I have since changed my mind on this issue because such early success breed's expectations of the hunting experience on public hunting grounds - that do not prove to be the same as the game farm experience.



I will leave this one up to you (the parent) to decide but my experience over the years is that the game farm is ultimately a negative experience. There is very little that beats the experiences the outdoor parent shares with the little munchkin - so make this time a priority with good outdoor oriented conversation, a relaxed atmosphere and lots of good healthy snacks (and definitely some hot chocolate).

A couple of camping tips: I often camp/hunt from a tent and away from the facilities my RV provides and tent camping has its own special idiosyncrasies. One of those is tripping over guy lines, especially at night when you creep out to answer nature's call, to avoid this a visit to the local hardware store to pick up a half dozen small solar powered lights that can be placed at the entrance and the corners works great and the kids love them, it makes them feel secure about wandering around in the dark.

Often on a long backcountry hunt laundry becomes a problem, but you don't have to hunt in stinky dirty clothes - there is a simple solution. A five gallon plastic bucket and a clean bathroom plunger will make a great washing machine. Add water, baking soda or scent free laundry soap and plunge your dirty clothes for five minutes, pour out the water and add fresh water and plunge for five minutes for the rinse cycle. Lay your clothes out on small pine or aspen saplings to dry and you are done!

A small bathroom rug is a very handy camping item. I keep two in my truck attached to my tailgate where I can place them on the ground to stand on as I change out of rain soaked or muddy clothes. I also put one next to my bunk in the tent so that I have a reasonably warm place to place my feet when I get up at O-Dark Thirty to dress for the morning hunt. I have often rolled one up as a pillow on those times I have returned to the truck for a mid-day break
(NAP)

If you are new to hunting and have finally been invited to share in a hunting camp with friends you have made by joining CVA, you are at a very important juncture in your hunting career and your first impression is very important. So I am going to call this: “Be this Guy,” that is if you want to be invited back next season.

Offer to cook: Even if a designated cook has been assigned help with food prep and wash up. Get up on time: Do not be the last out of their bunk in the morning, do not hold up the hunt, need I say more! Listen: Enjoy the stories being told, let the old timers have the evening and don't try to best those stories, this is not a dueling match, listen to twice as many stories as you share. Your position of dominance in the story telling theater will come soon enough.

Clean your game: Also offer to help the others clean game and get it back to camp, everyone appreciates a hand.
Result: We look forward to seeing you in camp next season!

I would like to thank CVA and Mr. JBD for the Belt Buckle and the Buck Knife, I am very proud of them and the traditional archers class. Sorry I was on vacation on awards day.
See you next month,
Curtis



Top Five Trophy (Top Five Archers - Average of 5 Highest Handicapped Scores)

NAME	AVG	STYLE
Doritina Pentico	567.0	FS
Norman Rice	558.0	FS
Clark Pentico	557.4	FS
Keith Murphy	556.0	BHFS
Steve Price	547.0	FS

John Downey, Club Tournament Chairman



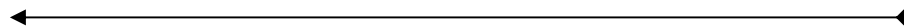
**J.O.A.D.
Halloween Pictures**



Official CVA Excuses for Missing the Spot

In order to be more efficient and save time at CVA we have developed a list of the most common excuses on why you missed the spot. This list is numbered so you can quickly refer to the number when the occasion arises and save your group the inconvenience of having to listen to you whine about your shot.

- 1 Pulled it
- 2 I keep on dropping my arm
- 3 Good line
- 4 I still don't understand fans
- 5 Choked
- 6 My peep sight was twisted
- 7 People were talking
- 8 Target panic
- 9 My arrow must have been deflected
- 10 I was letting down
- 11 I should have let down
- 12 My pins are off
- 13 I didn't practice enough
- 14 The sun was in my eyes
- 15 The sun isn't bright enough
- 16 My arm is sore from practicing
- 17 Buck fever
- 18 I didn't want to shoot your nock
- 19 I was scared I would shoot a twenty
- 20 The rabbit distracted me
- 21 I keep on punching the trigger
- 22 The bale is soft behind the spot
- 23 Wrong pin
- 24 Wrong spot
- 25 Someone farted



Official CVA Excuses for Missing the Spot

- 26 I added yardage because it was downhill
- 27 The wind blew it out of the spot
- 28 The wind didn't blow it into the spot
- 29 My range finder isn't working
- 30 I'm trying to use the whole target
- 31 My poundage is too heavy/too light
- 32 I need a new _ (bow, arrows, release, sight, stabilizer...all of the above
- 33 I'm shooting a new _ (bow, arrows, release, sight, stabilizer...all of the above ...etc.)
- 34 My carbon arrow was bent
- 35 I didn't eat my Wheaties this morning
- 36 If Katniss can miss, so can I
- 37 I was showing the new member where not to shoot
- 38 Gravity must be stronger here
- 39 It's considered tacky to beat the president
- 40 I was afraid an alien would drop out of a cloud
- 41 I still don't have enough gadgets on my bow
- 42 It was the radiation from a solar flare
- 43 Disturbance in the force
- 44 It would have hit the spot if the target hadn't moved
- 45 My telekinesis isn't working
- 46 I was afraid of the upcoming zombie apocalypse
- 47 The moon is in the wrong faze
- 48 There must have been an interruption in the space time continuum
- 49 The sky is falling
- 50 I did not bring my spot strecher



Calendar of Events

Nov 18th Mojave Archers Fall Back 3D unmarked 3D 42 targets

Nov 25th CVA Club Shoot

Dec 2nd Conejo Valley-Toys for Tots-Marked,28/2-3D

Dec 2nd Riverside Archers Christmas 3D Shoot- marked yardage 2 arrows

Des 15th Mojave Archers JOAD Christmas Charity Lucky 7 novelty 28 targets

Dec 23 CVA Club Shoot

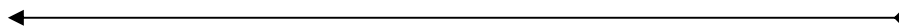
Jan 6th San Diego Archers 3-D Unmarked 28 targets

Jan 13th Stump & Varmint Marked 2 arrows paper

Jan 20th Mojave Archers Clara 3-D Challenge Unmarked 42 1 arrow

Jan 20th Riverside Archers Javelina Hunt Marked 42 1 arrow

FITA/JOAD Calendar of Events



Classifieds



805.581.1671

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FYI

3D Range Rules

1. NO Broad Heads are to be shot at 3D range targets.
2. ONE ARROW ONLY to be shot PER TARGET.
3. DO NOT take cross canyon shots. Safety first!!
4. If you don't have a clear shooting lane, clear the lane before shooting.

Range Beatification days

Are the first Saturday of even months. Dec 1st is the next day. Please come out and help keep the range beautiful. Mark your calendars

Reminders

Just a note Club meeting will be starting at 12 noon , now that the time has changed

Conejo Valley Archers
P.O. Box 3982
Thousand Oaks, CA 91359

*Remember with the
time change next club
meeting will start at
12:00 Noon*

Reminder: Range Beautification Days
are the 1st Saturday of even months

