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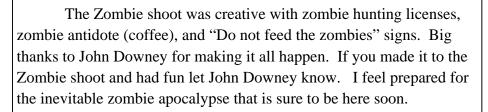
Monthly Newsletter

November 2012

From the Prez To all CVA member's

Busy. Busy. Busy.

The last three weeks have been busy at the range. We had the Fun in the Sun Zombie shoot, fun shoot and awards for the club and then the JOAD Halloween BBQ. If you did not make it to any of them, you missed out. All of them were a lot of fun.



The club tournament for the year is in the record books. John Downey also took care of that tournament. How does he get it all done? Thanks again for making sure everyone was taken care of. If you have not seen the range record trophies, make sure you see one. They were nice engraved Buck knives. If you see one you might think seriously about participating in the club shoot next year. Which by the way starts over this month? Everyone starts out even, so this is the time to join in and shoot with your fellow club members, have some fun and win great prizes.

Mike Keena put together another one of his wild meat BBQ Halloween extravaganzas. Kudos to Mike for organizing all the food. And thanks for the coaches for making it a success, not just for Halloween, but for the entire JOAD program

Now we need to charge into the new year. Yes our year starts in October. Don't ask me why. I don't know. It was before my time. We have a lot going on this next year. We are planning to finish the target covers on the roving range, rework the JOAD facility, break ground on the FITA range and still do all the things we usually events. There is plenty to do, so if you want to become more involved in the club let me know and I can help you find ways to help that fit your skill set and schedule.

Just a gentle reminder, those if you have adopted a target, please, clean up your lanes. Most of the lanes look good right now, but if you have not been out to your lane in a while you might want to, check on it and take whatever action you feel would be appropriate. Remember we have a shoot coming up in December and we want the range to be in top shape.

In December we have a work party to help clean up the range and set up targets to get ready for Toys for Tots shoot. If you can come out and help it is always most appreciated. If we get enough people to help the set up is pretty quick. Remember this shot is to collect toys for the kids so that they might have a better holiday. If you cannot make it and would still like to put a smile on a child's face, feel free to make a donation in the name of Toys for Tots.

California State Indoor is coming up at the beginning of January, so it is time to start training. There are several people going who regularly shot at JOAD. My daughter and I are planning to go for the first time, and punch our "Rookie tickets" for indoor completion. It should be fun. If you are considering going, please check with the JOAD coaches or myself and we can try to figure out carpooling arrangement. We should have a strong showing this year.

Now! Go shoot an extra X for the team.

Clark Pentico

From the desk of The Vice Prez

Dave Dragan



Well we managed to get through all our October tournaments and I think we all can agree they all were a great success!



The Fun In the Sun was a lot of fun with the new Zombie theme, thanks to John Downey's strange sense of humor! And our year end club shoot and BBQ was also a big success! Lets not forget the JOAD Halloween shoot and BBQ!! I want to thank all the JOAD Coaches for helping to put on another great day for everyone. It was one long day with us also hosting a private party. And a big thanks to Mike Keena and his crew for a wonderful and very tasty BBQ,

I think everyone enjoyed the food and there was plenty for all. We can now take a little breather but the holidays are quickly coming up and we still have the Toys For Tots Tournament in early December. I am also planning a Dinner for all the JOAD Coaches and their families to thank them for their hard work and countless hours of helping with our great program. As the new year approaches we have a lot of things we want to accomplish and I know that we all a looking forward to the challenges that lie ahead!

As I am writing this, I'm with Coach Richard and Coach Brent at the Olympic Training Center taking our Level 4 training course. This is my second time training with Coach Kisik Lee our US Archery Olympic Coach and again it is a very intence course. We all are in the classroom from 9am till 9pm furthering our knowledge and understanding of the National Training System (NTS) and the KLS Shot Cycle.

Once we all finish and receive our Level 4 certification our JOAD program will have 4 level 4 coaches along with all the level 3 coaches, level 2 and 1 instructors which is very impressive. Most clubs are lucky to have 1 level 4 coach or maybe 1 or 2 level 3 coaches! But for me personally this just means that we can continue to offer all our archers the highest level of training possible to attain whatever goals they set for themselves.

We want build our program to be the best anywhere with our professional and knowledgeable staff of very talented and dedicated people!! I am looking forward to bringing this knowledge back to CVA and sharing it with all the other Coaches and staff! Hopefully this will inspire our archers to push themselves to be the very best they can be. And with the California State Indoor Championships coming up in early January,

I'm sure that CVA will once again have a large group of competitors who will represent us well and hopefully bring home some medals. But the important thing here is that they go and compete to the best of their ability and use the skills that we have taught them, and have fun!! If they can do this then all of us Coaches have done our job, and we can continue to train them to improve and strive to get to that next level!!

That's about all for now but remember if any of you club members would like to take advantage of what I think is very rare opportunity to have all these high level and skilled Coaches on our staff. All you have to do is come out on Saturdays JOAD sessions or get in contact with me and we can set up a possible private session to help you improve and hone your archery skills!! Hope to see you all out there shooting as much as possible!!

All My Best,

Coach Dave

CVA JOAD News

GOD IN SS

Hi all,

Just got back from our 7th Annual JOAD BBQ Bash and it was an amazing success! Tons of food. Lots of Halloween targets and costumes. Everyone had a great time. Chef Mike and crew out-did themselves with ribs, two kinds of chili, sausage, pig taco's and a chicken/rice dish that was out of this world. Desserts, of course, always plenty of them. Ice-cream Paul was on hand as usual.

There were plenty of cakes and cookies and brownies as well. We had great weather and the turn-out was the best yet. Thanks again chef Mike and crew for all your hard work.

Last week two courageous young archers took the next step in getting their pins. Stephanie Huller got her Yeoman pin with plenty of points to spare. Stephanie is new with us but is showing great potential. If you see her at the range give her a warm CVA welcome! Doritina finished up the prerequisite pins topping it off with the Expert Archer pin. Now she joins the elite group of six who are looking toward their Bronze Olympian pin. Considering her last score of 272, the bronze is in the bag as she only needs to shoot a 280! We'll be keeping you posted on how Doritina does in the upcoming months. Well, that's about it for now, see you all out there Saturday. Coach Mike

Time to get your new Key

Hi all,

The club is changing the locks this Friday afternoon 11/16/12. New keys will be available to members that have paid their dues for this year. You MUST turn in your old keys or you will have to pay a \$5.00 deposit. There will be a few ways you can get your new keys.

- 1. Attend monthly club shoot/meeting to exchange your old keys for new.
- 2. The coaches at the Saturday JOAD will have keys to exchange.
- 3. Snail mail your old key to Dan Dix (or \$5.00 replacement fee) and receive a new one in return by mail.

Dan Dix CVA Treasurer 4008 Monterey Ct.

Newbury Park, Ca.91320 805-376-3568

4. I work and live in Simi Valley. You can call me and arrange to meet me to exchange keys.

Keith Murphy CVA board member & range captain 805-558-9312 See you out at the range Keith

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Odds and End's of the Outdoor Lifestyle By Curtis Herman

After last months lengthy column on carbon shafts I felt something lighter and more versatile would be appropriate.

Many years of archery has taught me a few things, mostly common sense things and I hope you find a few that will help you.

We have a lot of young families in CVA and nothing is more important then the younger members, so if you dream of bow hunting with a son or daughter let's talk about making the experience "Kid Friendly." My experience is that we rarely create an archer/bow hunter from a child, but we can reveal the one inside with just a little care.

The first field experience should contain three important ingredients. 1. Sunshine, 2. Good field conversation, 3. Snacks, lots of snacks, that's all it takes to reveal the outdoorsman inside that small body, however there are pitfalls to avoid, so let's go over those as well.

"Over bowed" is the one I see most, it is hard for a child to be confident if he is struggling to control his weapon and will become discouraged before they even get started. Let's not over bow our kids!

Weather is the next one and it is so important, so plan your first few trips with a keen eye on the weather report, look for sunshine, mild temperatures and light wind. Once your young partner decides this is the life for them, then they can handle what mother natures tends to send our way. Sitting in a tree stand at near freezing temperatures is not the way to start, nor is slogging through rain and mud, you get the idea.

"Penned Game Farm's," this one came slowly - as I first thought they were a good idea - so the child could experience success fairly early on. I have since changed my mind on this issue because such early success breed's expectations of the hunting experience on public hunting grounds - that do not prove to be the same as the game farm experience. I will leave this one up to you (the parent) to decide but my experience over the years is that the game farm is ultimately a negative experience. There is very little that beats the experiences the outdoor parent shares with the little munchkin - so make this time a priority with good outdoor oriented conversation, a relaxed atmosphere and lots of good healthy snacks (and definitely some hot chocolate).

A couple of camping tips: I often camp/hunt from a tent and away from the facilities my RV provides and tent camping has its own special idiosyncrasies. One of those is tripping over guy lines, especially at night when you creep out to answer nature's call, to avoid this a visit to the local hardware store to pick up a half dozen small solar powered lights that can be placed at the entrance and the corners works great and the kids love them, it makes them feel secure about wandering around in the dark.

Often on a long backcountry hunt laundry becomes a problem, but you don't have to hunt in stinky dirty clothes - there is a simple solution. A five gallon plastic bucket and a clean bathroom plunger will make a great washing machine. Add water, baking soda or scent free laundry soap and plunge your dirty clothes for five minutes, pour out the water and add fresh water and plunge for five minutes for the rinse cycle. Lay your clothes out on small pine or aspen saplings to dry and you are done!

A small bathroom rug is a very handy camping item. I keep two in my truck attached to my tailgate where I can place them on the ground to stand on as I change out of rain soaked or muddy clothes. I also put one next to my bunk in the tent so that I have a reasonably warm place to place my feet when I get up at O-Dark Thirty to dress for the morning hunt. I have often rolled one up as a pillow on those times I have returned to the truck for a mid-day break (NAP)

If you are new to hunting and have finally been invited to share in a hunting camp with friends you have made by joining CVA, you are at a very important juncture in your hunting career and your first impression is very important. So I am going to call this: "Be this Guy," that is if you want to be invited back next season.

Offer to cook: Even if a designated cook has been assigned help with food prep and wash up. Get up on time: Do not be the last out of their bunk in the morning, do not hold up the hunt, need I say more! Listen: Enjoy the stories being told, let the old timers have the evening and don't try to best those stories, this is not a dueling match, listen to twice as many stories as you share. Your position of dominance in the story telling theater will come soon enough.

Clean your game: Also offer to help the others clean game and get it back to camp, everyone appreciates a hand.

Result: We look forward to seeing you in camp next season!

I would like to thank CVA and Mr. JBD for the Belt Buckle and the Buck Knife, I am very proud of them and the traditional archers class. Sorry I was on vacation on awards day.

See you next month,

Curtis



OCTOBER AWARDS CEREMONY RESULTS

A very nice time was had by all at our yearly Club Banquet and Awards Ceremony last month. It is always a pleasure for me to hand out the various Club Trophies and Range Record Awards.

In addition to the Silver Belt Buckle given out every year to the latest "Club Champion" we decided to give a new award for the "Club Traditional Champion". The new award is an almost identical custom Silver Belt Buckle made for us by the folks at Silver King in Chatsworth.

We also gave custom engraved "Buck" brand sheath knives as Range Record Trophies for the very first time. These awards were works of art in their own right.

The following awards were given;

Range Record Trophies (Highest Scratch Score in a particular Style and Division)

Keith Murphy, Male Adult Bow Hunter Free Style

Jim Niehoff, Male Golden Ager Bow Hunter Free Style

Clark Pentico, Male Adult Free Style

Norman Rice, Male Golden Ager Free Style

Doritina Pentico, Female Youth Free Style

Barbara Richter, Female Adult Free Style Limited

Wesley Richter, Male Cub Free Style Limited

Bob Bombardier, Male Adult Longbow

Bobbie Blackburn, Male Young Adult Longbow

Curtis Hermann, Male Golden Ager Traditional (Recurve)

Gary Magness, Male Adult Mixed Style (LB & Recurve)

Rob Ramos, Male Adult Traditional (Recurve)

Special Trophies

Club Champion, Doritina Pentico

Club Traditional Champion, Curtis Hermann

Perpetual Trophy, Keith Murphy

Golden Ager Trophy, Norman Rice

President's Trophy, Dave Dragan

Top Five Trophy (Top Five Archers - Average of 5 Highest Handicapped Scores)

NAME	AVG	STYLE
Doritina Pentico	567.0	FS
Norman Rice	558.0	FS
Clark Pentico	557.4	FS
Keith Murphy	556.0	BHFS
Steve Price	547.0	FS

John Downey, Club Tournament Chairman



J.O.A.D. Halloween Pictures



Official CVA Excuses for Missing the Spot

In order to be more efficient and save time at CVA we have developed a list of the most common excuses on why you missed the spot. This list is numbered so you can quickly refer to the number when the occasion arises and save your group the inconvenience of having to listen to you whine about your shot.

- 1 Pulled it
- 2 I keep on dropping my arm
- 3 Good line
- 4 I still don't understand fans
- 5 Choked
- 6 My peep sight was twisted
- 7 People were talking
- 8 Target panic
- 9 My arrow must have been deflected
- 10 I was letting down
- 11 I should have let down
- My pins are off
- 13 I didn't practice enough
- 14 The sun was in my eyes
- The sun isn't bright enough
- 16 My arm is sore from practicing
- 17 Buck fever
- 18 I didn't want to shoot your nock
- 19 I was scared I would shoot a twenty
- The rabbit distracted me
- I keep on punching the trigger
- The bale is soft behind the spot
- Wrong pin
- Wrong spot
- 25 Someone farted

Official CVA Excuses for Missing the Spot

I added yardage because it was downhill 26 27 The wind blew it out of the spot 28 The wind didn't blow it into the spot 29 My range finder isn't working 30 I'm trying to use the whole target 31 My poundage is too heavy/too light I need a new (bow, arrows, release, sight, stabilizer...all of the 32 above 33 I'm shooting a new _ (bow, arrows, release, sight, stabilizer...all of the above ...etc.) 34 My carbon arrow was bent 35 I didn't eat my Wheaties this morning If Katniss can miss, so can I 36 I was showing the new member where not to shoot 37 38 Gravity must be stronger here 39 It's considered tacky to beat the president 40 I was afraid an alien would drop out of a cloud 41 I still don't have enough gadgets on my bow It was the radiation from a solar flare 42 43 Disturbance in the force 44 It would have hit the spot if the target hadn't moved My telekinesis isn't working 45 I was afraid of the upcoming zombie apocalypse 46

There must have been an interruption in the space time continuum

The moon is in the wrong faze

I did not bring my spot strecher

The sky is falling

47

48

49 50



Nov 18th Mojave Archers Fall Back 3D unmarked 3D 42 targets

Nov 25th CVA Club Shoot

Dec 2nd Conejo Valley-Toys for Tots-Marked,28/2-3D

Dec 2nd Riverside Archers Christmas 3D Shoot- marked yardage 2 arrows

Des 15th Mojave Archers JOAD Christmas Charity Lucky 7 novelty 28 targets

Dec 23 CVA Club Shoot

Jan 6th San Diego Archers 3-D Unmarked 28 targets Jan 13th Stump & Varmint Marked 2 arrows paper Jan 20th Mojave Archers Clara 3-D Challenge Unmarked 42 1 arrow Jan 20th Riverside Archers Javelina Hunt Marked 42 1 arrow

FITA/JOAD Calendar of Events

Adopt a Target Sign Up Sheet

Target #	Distance	Adoptor(s)
1	30 yrd. field 32 yrd hunter	William Bennett
2	20 yrd. field 19walk-up hunter	Kevin Derry
3	35 ft. walk-up field 11 yrd hunter	Kevin Derry
4	80 yrd. walk-up field 70 yrd. walk-up hunter	Norman Rice
5	25 yrd field 28 yrd. fan hunter	Charles Thurber
6	55 yrd field 53 yrd walk-up hunter	Keith Murphy
7	45 yrd walk-up field 44 yrd hunter	Keith Murphy
8	15 yrd. field 15 yrd. walk-up hunter	Don Smith
9	65 yrd. field 64 yrd. walk-up hunter	Grace Getzen
10	40 yrd field 40 yrd. hunter	Steve Price
11	60 yrd field 58 yrd. walk-up	Bryan & Ashley Tanger
12	35 yrd fan field 36 yrd fan hunter	Carlos Parada
13	45 yrd field 23 yrd. walk-up hunter	Andrew Harding
14	50 yrd. field 48 yrd walk-up hunter	Bryan & Ashley Tanger
15	20 yrd field 19 yrd. walk-up hunter	Clark Pentico
16	80 yrd. walk-up field 70 yrd walk-up hunter	Stan Grigeles
17	55 yrd. field 53 yrd. walk-up hunter	Bryan & Ashley Tanger
18	35 ft. walk-up field 11 yrd. hunter	Laura Loya
19	25 yrd. field 28 yrd. fan hunter	Carl Ward
20	45 yrd.walk-up field 44 yrd. hunter	Jim Niehoff
21	30 yrd. field 32 yrd. fan hunter	Jim Niehoff
22	50 yrd. field 48 yrd. hunter	Robert Luttrell
23	65 yrd. field 64 yrd. walk-up hunter	Craig Nelson
24	60 yrd field 58 yrd. walk-up	Mike Krasowski
25	35 yrd. fan field 36 yrd fan hunter	Gary Magness
26	45 yrd. field 23 yrd. walk-up hunter	Paul Lisak
27	15 yrd. field 15 yrd. walk-up hunter	Charles Thurber
28	40 yrd. field 40 yrd. hunter	Richter Family
	20-40 yrd practice butts	
	20 yrd. practice butts by running pig	

Classifieds



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FYI

3D Range Rules

- 1. NO Broad Heads are to be shot at 3D range targets.
- 2. ONE ARROW ONLY to be shot PER TARGET.
- 3. DO NOT take cross canyon shots. Safety first!!
- 4. If you don't have a clear shooting lane, clear the lane before shooting.

Range Beatification days

Are the first Saturday of even months. Dec 1st is the next day. Please come out and help keep the range beautiful. Mark your calendars

Reminders

Just a note Club meeting will be starting at 12 noon, now that the time has changed

Your CVA Officers

President	Clark Pentico	(805) 630-1749
Vice President	Dave Dragan	(805) 218-5912
Secretary	John Downey	(805) 527-4894
Treasurer	Dan Dix	(805) 376-3568
Board Members	John Brix Keith Murphy Kurt Hoberg Chuck Thurber Robert Luttrell Bonnie Marshall	(805) 523-2428 (805) 558-9312 (805) 552-9934 (805) 497-4587 (805) 490-8601
Range Captains	Stan Grigelis Keith Murphy	(805) 520-7748 (805) 558-9312
Editor	Robert Luttrell	(805) 490-8601
CVA Answering Service		(805) 530-1339

Do You Know How to Write Grants?

We have a dire need of your help, to consult on our grant writing process to get the monies we need to complete our **FITA** range plans.

We REALLY could use your help. You know the importance of a well written grant and your expertise would be invaluable. This process in happening right now. If you would like to help please contact Clark Pentico at the contact info listed.

Conejo Valley Archers P.O. Box 3982 Thousand Oaks, CA 91359

Remember with the Land Noon Start of

Reminder: Range Beautification Days are the 1st Saturday of even months